



United Hindu Temple



<https://unitedhindutemple.com/>

(Non-Profit 501© Organization), Tax I.D. EIN 93-3828321

13619 Ramona Parkway, Baldwin Park, CA 91706

Zelle 626-756-6758 or 626-746-7881, check payable to "United Hindu Temple, Inc."



Namaste and Warm Greetings!

"Welcome to this month's edition of the United Hindu Temple Newsletter. We are delighted to connect with you as we continue our shared journey of devotion, learning, and community. At United Hindu Temple, we remain committed to celebrating the rich traditions of Sanatana Dharma, fostering togetherness, and nurturing spiritual growth for devotees of all ages. Through this newsletter, we aim to keep you informed about upcoming festivals, temple activities, cultural events, volunteer opportunities, and community initiatives. We warmly invite you and your family to participate in our temple's events and experience the joy of worship, service, and community bonding. May the blessings of the divine guide and uplift you always."



With heartfelt regards,
United Hindu Temple



PRAYER CORNER – Sri Anjaneya Swamy



manojavaṃ mārutatulyavegaṃ
jīvendriyaṃ buddhimatāṃ variṣṭha |
vātātmajaṃ vānarayūthamukhyaṃ
śrīrāmadūtaṃ śaraṇaṃ prapadye ||

Meaning: I surrender to Hanuman, who is swift as the mind and fast as the wind, master of the senses and the most intelligent, son of the wind god, leader of the monkey army, messenger of Lord Rama!

APRIL 2026 FESTIVALS and EVENTS

Apr 1, Wednesday 6 PM Samuhik Satyanarayan Pooja
Apr 1, Wednesday Hanuman Jayanti
Apr 19, Sunday Akshaya Tritiya

Monthly Standard Events

Every Poornima 6:30 PM	Satyanarayan Katha & Pooja
Every Chaturthi 6:30 PM	Sankatahara Chaturthi Pooja & Aarti
Every 1st Saturday 8:30 AM	Balaji Abhishekam
Every 2nd & 4th Saturday 6:00 PM	Navagraha Santi Havan & Pooja

Weekly Standard Events

Every Monday 6:30 PM	Rudrabhishekam & Aarti
Every Tuesday 6:30 PM	Hanuman Abhishekam
Every Thursday 7:00 PM	Shirdi Sai Abhishekam & Aarti
Every Friday 7:00 PM	Ganesh Abhishekam & Aarti

Daily Aarti – Morning 11:00 AM - Evening 7:00 PM

ANNOUNCEMENTS

As we conclude March, a season of spring and new beginnings, we look ahead to April and the opportunities it brings for growth and transformation. Reflecting on the past month, we are filled with gratitude for the devotion, participation, and community spirit that made each celebration truly special. We invite you to embrace these opportunities and become an active member of our temple community.

❁ Highlights & Community Notes ❁

We are deeply grateful to each and every one of you for being such an important part of our community. Your love, support, and participation fill our temple with devotion, culture, and togetherness. None of these celebrations would have been possible without your generous hearts and dedication.

- ❖ **Holi Celebrations:** We joyfully welcomed spring with vibrant Holi festivities, beginning with Holika Dahan and followed by the colorful Rang Barse celebration. The event brought together families and friends in a spirit of joy and unity. Special thanks to our temple volunteers for preparing fresh savories at the mandir, adding warmth and festivity to the occasion.
- ❖ **Ugadi / Gudi Padwa:** The New Year was celebrated with great enthusiasm through the preparation and sharing of Ugadi Pachadi. This traditional dish, symbolizing the different flavors of life—sweet, sour, bitter, tangy, pungent, and salty—served as a reminder to embrace life in all its diversity with balance and gratitude.
- ❖ **Mata Ki Chowki:** Devotees experienced a spiritually uplifting gathering filled with soulful bhajans, creating an atmosphere of devotion and serenity. The event brought the community together in collective prayer and celebration.
- ❖ **Sri Rama Navami:** This auspicious occasion was celebrated in a unique and enriching manner. The festivities began with Ram Lalla's Janam, followed by Ram Sita Kalyanam and Pattabhishekam. Our respected pandits conducted traditional rituals including Yagnopavitam, Kalash Sthapana, Basikalu, Kanyadanam, Jeelakara Bellam, Panigrahanam, Mangalya Dharanam, Talambralu, and Garland Exchange. Devotees were deeply engaged throughout making the divine wedding ceremony interactive and memorable. We extend our sincere thanks to all Yajamans and devotees for their enthusiastic participation in Talambralu and Garland Exchange.

Acknowledgements: We offer special thanks to Pandit Santosh Sharma and Pandit Shubham Shukla for their dedication and for conducting the ceremonies with devotion and precision. We also express our heartfelt gratitude to all members and volunteers who contributed to the preparation and distribution of Maha Prasad.

We are pleased to announce our new ventures — Dance classes, Bala Diwas and Monthly Bhajan and Kirthan group. Stay tuned for details!


Free Odissi Dance Workshops — Discover the Grace


We are truly happy to share that our temple will be offering free workshop classes in the beautiful classical Odissi dance style. It brings us great joy to create this opportunity for children to experience the grace, rhythm, and rich tradition of this art form.

Our first session will be held on April 11th from 12:00 PM to 1:00 PM at the temple premises. We warmly welcome all children to come, learn, and enjoy together in a friendly and encouraging environment.

We look forward to seeing your children participate and sharing this wonderful journey with our community.



 **Bal Diwas Announcement:** We are delighted to introduce Bal Diwas at United Hindu Temple — a special day each month dedicated to children of all ages. This beautiful initiative will offer our kids an opportunity to engage in fun, spiritual activities and connect with the divine in a meaningful way. Let's nurture their values, संस्कार, and devotion together.

 **Monthly Bhajan and Kirtan Announcement:** We are happy to introduce a monthly Bhajan Kirtan at United Hindu Temple. Bhajan Kirtan is a beautiful way to come together in devotion—filling the atmosphere with divine vibrations, calming the mind, and bringing peace and positivity to our hearts. Let's unite in singing the Lord's name and experience the joy of collective devotion.

Looking Ahead

In April, we look forward to upcoming festivals and special celebrations, including:

- ❖ Weekly and monthly poojas
- ❖ **Hanuman Jayanti, and Akshaya Tritiya** - details to follow

Gentle Reminders

- ❖ Please confirm pooja and seva sponsorships in advance.
- ❖ Devotees are kindly requested to follow temple guidelines and adhere to temple timings.

PAST MONTH CELEBRATIONS

HOLI



MATA KI CHOWKI



SRI RAMA NAVAMI





United Temple



SIGNIFICANCE OF SRI RAMA NAVAMI



“SRI RAMA JAYA RAMA JAYA JAYA RAMA”

Sri Ramanavami marks the birth of Lord Rama, the embodiment of dharma, virtue, and righteousness. It celebrates the arrival of divine energy meant to restore balance and defeat evil.

On this auspicious day, Sita Rama Kalyanam is performed to honor the divine marriage of Rama and Sita, symbolizing the union of dharma and devotion. Their wedding represents ideal companionship, harmony, and the balance of Purusha (Rama) and Prakriti (Sita).

Performing the Kalyanam on Ramanavami completes the spiritual significance of the day and brings blessings of peace, prosperity, and family well-being.

LEARN A SLOKA

Śrī Rāma Rāma Rāmeti Rame Rāme Manorame Sahasranāma Tattulyam Rāma Nāma Varanane

Meaning: *The sloka says that chanting the divine name "Rama" fills the mind with joy and peace. It teaches that uttering Rama's name even once gives the same spiritual merit as reciting the entire Vishnu Sahasranama. It highlights the extraordinary power, purity, and completeness contained in the simple name "Rama."*

VEDIC VIGNETTES

"Universe creation and Yugas as per Sanatana Dharma Scriptures"

In Hinduism, the universe is described both as a magical story children can enjoy and as a profound philosophical truth adults can reflect on. ***Imagine a vast, peaceful cosmic ocean of darkness. On its waters rests the great serpent Ananta Sesha, and upon its coils lies Vishnu, the Preserver, in deep sleep. From the silence arises the sacred sound Om, which stirs Vishnu. From his navel blooms a glowing golden lotus, and on that lotus appears Brahma, the Creator. A voice tells Brahma to begin creation and after long meditation he shapes the cosmos, fills the world with plants, animals, birds, fish, and finally humans.*** Told simply, this is a wondrous tale; told deeply, it is a symbolic account of how the divine manifests the cosmos. These stories are not meant as literal physics but as spiritual metaphors/narratives describing cosmic order, moral cycles, and the rhythm of existence. As per Nasadiya Sukta of Rigveda, creation emerges from a state of undifferentiated darkness.

- Vedic scriptures describe the universe as eternal and cyclically created, sustained, and dissolved in vast repeating epochs (yugas → manvantaras → kalpas). These cycles are described in the Vedas, Upanishads, Mahabharata, and especially the Puranas.
- The Vishnu Purana and the Bhagavata Purana (Srimad Bhagavatam) give the most detailed, narrative-rich accounts of cosmic creation and the cyclical yuga/kalpa framework; the Brahmanda, Matsya, Skanda, and other Puranas also elaborate the same cycles with complementary details.
- Hindu scriptures describe the time that moves in cycles, not linear. The universe undergoes endless rounds of these cycles governed by Trimurti (Brahma, Vishnu, Siva).
 - ❖ Srshti - Creation - Brahma creates
 - ❖ Sthiti - Preservation - Vishnu preserves
 - ❖ Pralaya - Dissolution - Siva dissolves

Where are we today as per Vedic timekeeping? - the current age is traditionally the Kali Yuga, with a total duration of 432,000 years. A short, declining epoch within a much larger cycle of the Sweta Varaha Kalpa, the 7th Vaivasvata Manvantara, and the 28th Maha Yuga, we are currently in the first quarter of Kali Yuga, specifically its 5127th year.

The four ages of time are Satya Yuga, Treta Yuga, Dwapara Yuga and Kali Yuga and a full four age-cycle is called a Mahayuga or Chaturyuga totaling 4.32 million years. Each age marks a decline in dharma (cosmic order and virtue).

Cycle	Duration	Feature
Satya Yuga (Kṛta Yuga)	1,728,000 years	Age of truth and purity; Dharma stands on four legs
Treta Yuga	1,296,000 years	Slight decline in virtue; Dharma prevails on three legs
Dwapara Yuga	864,000 years	Further decline in virtue; Dharma is on two legs
Kali Yuga	432,000 years	Age of conflict and moral decay; Dharma on one leg
Mahayuga	4.32 million years	One full set of four Yugas

The Yugas are nested inside of even larger cosmic time cycles.

Cycle	Duration	Feature
Manvantara	71 Mahayugas	Period ruled by a Manu (progenitor of humanity)
Kalpa (Day of Brahma)	4.32 billion years	14 manvantaras or 1,000 Mahayugas; followed by an equal night during which the universe rests
Brahma's lifespan	100 Brahma years	Encompasses trillions of human years

Hindu cosmology blends:

◁ Mythic storytelling ◁ Philosophical insight ◁ Symbolic time scales

The enormous numbers emphasize the vastness of cosmic time and the recurring rise and fall of civilizations.

Purpose and Human Life Meaning - The narration of universe creation —Vishnu on the cosmic ocean, the lotus, and Brahma's shaping of the world—works on two levels:

- ❖ A child-friendly myth full of wonder and
- ❖ A philosophical symbol that points to deep metaphysical truths

That narrative sits within a detailed cosmology of yugas, manvantaras, and kalpas, endless cycle of birth, maintenance, and dissolution governed by the Trimurti, describes an eternal, cyclical universe.

Together the story and the cycles offer a poetic, richly layered vision of how the universe comes into being, endures, decays, and is reborn, presenting a stage for human to experience life, learn and grow spiritually to orient life toward inward practice of ethical living, devotion, and knowledge aimed at transcending illusion, realizing the underlying truth and the soul's return to the Divine.

MEMBERSHIP

Temple membership can offer significant mutual benefits, fostering a strong bridge between the devotee and the institution. Devotees often find valuable spiritual connection, guidance, and community support through their involvement.

Simultaneously, the temple gains the essential strength and resources required to sustain its sacred work and service to society, creating a symbiotic relationship that strengthens the spiritual journey for individuals and the community as a whole.

Click on the link below if you would like to become a UHT member today.

UHT MEMBERSHIP LINK

🌸 Member Testimony 🌸

"Becoming a member of UHT has been a blessing in my life. The warmth and kindness of the fellow members made me feel truly welcomed. This temple is more than a place of worship, it is a spiritual home, that has given me lasting friendships and countless opportunities to serve. I'm deeply grateful to God for guiding me to this temple and blessing me with the opportunity to become a member. I look forward to continuing to grow in faith and service in the years to come along with fellow devotees."

DONATIONS/SPONSORSHIP

Temple donations and sponsorships are sacred acts of seva (selfless service) and daan (charity). By contributing, devotees help preserve our spiritual traditions, support daily poojas and festivals, and maintain the temple as a space of peace, learning, and divine connection for all.

Sponsoring a pooja or ritual allows devotees to participate directly in sacred offerings made to the Divine, seeking blessings for health, prosperity, harmony, and spiritual growth. Such offerings are performed not only for individual families but for the well-being of the entire community.

When we give with devotion, the Divine gives back in countless ways—strengthening faith, purifying the heart, and sustaining dharma for future generations.

"Seva is the highest form of worship." 🙏

United Hindu Temple provides various opportunities of Seva and we welcome your kind donations.

Zelle - can be done on 626-756-6758 OR 626-746-7881

Check - Payable to - "United Hindu Temple, Inc."

PayPal / Credit Card – [Donate](#)

🙏 Thank you 🙏



Our heartfelt thanks to
the sponsors of
Priyanka and Sumit Nemani

Our heartfelt thanks to the hosts of
Mata ki Chowki
Jiten, Manju and Ritu Singh

United Hindu Temple

MATA KI CHOWKI

Mata Ki Chowki is a sacred devotional gathering dedicated to Maa Durga, where devotees come together to sing bhajans, chant mantras, and immerse themselves in the Divine Mother's grace. The word "Chowki" symbolizes the sacred seat prepared for Maa — inviting Her presence in our lives.

At United Hindu Temple, Mata Ki Chowki is not just a ritual — it is a collective expression of devotion, faith, and community bonding.

- 🙏 Invokes Divine Shakti (energy) – Maa Durga represents strength, protection, compassion, and prosperity.
- 🙏 Removes obstacles & negativity – Devotional singing purifies the environment and uplifts consciousness.
- 🙏 Strengthens family & community ties – Families gather in devotion, passing faith to the next generation.
- 🙏 Creates a powerful spiritual vibration within the Mandir that benefits all devotees.

When performed in the temple, the blessings multiply — as prayers offered in a sacred space carries heightened spiritual energy. When you invite Maa into your life through a Chowki, she resides in your home and heart. Hosting a Chowki is considered highly auspicious because:

- ❖ It is an offering of bhakti (devotion) rather than material wealth.

- ❖ The host family receives Maa's blessings for health, harmony, protection, and prosperity.
- ❖ It is often performed to mark special milestones — birthdays, anniversaries, thanksgiving, new beginnings, or simply out of gratitude.
- ❖ It creates positive karma by sponsoring a devotional event for the larger community.

🌸 **How United Hindu Temple Provides This Opportunity**

United Hindu Temple is blessed to offer devotees the sacred opportunity to:

- 📅 Sponsor and host Mata Ki Chowki on chosen dates
- 🎤 Arrange devotional singers and priestly guidance
- 🌸 Provide beautifully decorated altar setup
- 🍵 Organize prasad and community participation
- 🤝 Make the event seamless and spiritually enriching



United Hindu Temple warmly invites devotees to host Mata Ki Chowki and experience the immense joy of seva.

When devotion is offered in a sacred space, it becomes a blessing not just for one family — but for the entire community. By hosting at the Mandir, families become part of a larger spiritual family, sharing their joy and gratitude.

Use the form link below to sign up or use the QR code

[**UHT MATA KI CHOWKI HOSTING REQUEST FORM**](#)



🌸 🙏 **Jai Mata Di** 🙏 🌸

VOLUNTEER OPPORTUNITIES

Temples offer diverse volunteer roles for all ages, from organizing cultural events and festivals to preparing/serving sacred food (prasad) and community outreach, fostering spiritual growth and community connection, with specific opportunities often requiring contact with a volunteer coordinator for involvement, even offering service hours for students.

Click on the link below if you would like to volunteer your services to help your community.

[**UHT VOLUNTEER FORM**](#)

TEMPLE SERVICES

Devotees interested for a puja or service at our temple are requested to kindly provide accurate details, including the type of puja, preferred date and time, and any specific intentions or offerings. Your responses will help us prepare and schedule the puja according to your preferences. Once submitted, our team will review your request and get back to you with confirmation.

Service Name	In Temple	At Home
Archana and Aarti (any deity)	\$11	NA
Sahasra Nama Archana – 1008 names (any deity)	\$21	NA
Abhishekam and Aarti (any deity)	\$51	\$201
Any Homam	\$101	\$201
Shanti Puja	\$101	\$151
Car Puja	\$51	\$101
Navagraha Abhishekam and Aarti	\$101	\$251
Satyanarayana Puja	\$151	\$251
Kalyanam (Srinivasan, Sitarama, Valli)	\$201	\$301
Chandi Homam	\$201	\$251
Navagraha Homam	\$151	\$251
Sudarsana Homam	\$201	\$251
Nakshatra Santi	\$151	\$251
Dhanvantari Homam	\$151	\$251
Engagement	\$1001	\$301
Wedding	\$1501	\$501
Srimantam	\$101	\$251
Barasala (Baby naming)	\$101	\$251
Annaprasana	\$51	\$101
Aksharabhyasam	\$51	\$101
Kesha Kandan	\$51	\$101
Upanayanam	\$101	\$151
Special Birthdays	\$101	\$151
Chiralu/Panchulu	101	\$151
Mata ki Chowki (Temple provides food prasad)	\$750	\$251

Click on the link below to submit the Temple Service Request form.

[UHT SERVICE REQUEST FORM](#)

KAMDHENU PROGRAM

Dear Devotees, we are delighted to introduce Kamdhenu, a new initiative designed to support our community by helping devotees resolve their challenges.

What is Kamdhenu?

Kamdhenu is a program that allows devotees to share any issues or problems they are facing. Once an issue is submitted, the temple will identify individuals within the community who have the expertise or resource to help. We will then connect the person in need with the person who can provide assistance.

Submit your issue by using the QR code or Form link below

UHT KAMDHENU FORM



Your information is safe, only the issue will be shared.

By participating in Kamdhenu, you are not only seeking help but also contributing to a stronger, more connected community where everyone supports each other.

Thank you for being part of this initiative. Together, we can make a difference!

Contact - Archana Garg 909-438-3429

We are happy to share that we were able to connect with some devotees who requested for guidance and support in the following areas.

1. Educational consultation
2. Job consultation and requirement
3. Volunteer hours needed
4. Monetary/ loan requirement

Disclaimer: This nonprofit, serving through the Temple community, provides charitable support in financial, emotional, health awareness, educational, and senior matters. We understand that life may present challenges, and individuals may seek guidance or resources. When possible, we will make reasonable efforts to connect you with helpful community resources. We are not licensed medical, legal, or financial professionals. All services are voluntary, informational in nature, and provided without guarantees.

HEALTH IS WEALTH (Health tip of the month)

Mindful Yoga : "With each pose - lift your heart closer to the sun."

One of the best-known yoga sequences that can become a form of meditation is Sun Salutation or Surya Namaskar, which is a series of movements that flow one into another. The sequence flows through 12 specific postures, often accompanied by mantras and focused breathing. When you do these movements in conjunction with the breath this can become a form of meditation as you focus on your breath and movement at the same time as bringing your mind and body together.

Yogic breathing: When you are doing Sun Salutation poses, work in time with your breath. Begin each pose by taking a deep breath in and then breath out while you complete that pose. When you move on to the next pose take another deep breath in and out.

BHAGAVAD-GITA – Chapter 2; Sloka 14

***Āpūryamānam acala-pratiṣṭham samudram āpah praviśanti yadvat |
tadvat kāmā yam praviśanti sarve sa śāntim āpnoti na kāma-kāmī ||***

Meaning: "This verse teaches us to be calm like the ocean. Just as many rivers flow into the ocean but it remains steady, we should stay peaceful even when many desires, successes, or problems come into our lives. When we control our desires and keep our mind balanced, we can find true happiness and peace."

"Stay calm and content, and don't let every desire or situation disturb your peace."

DEVOTEES CORNER

Devotees are welcome to express their heartfelt feelings, spiritual experiences and promote small business interests. Please reach out to 323-897-0383 or 626-488-4126 (**Whatsapp only**) if you would like to share content that you would be interested to published in Devotees Corner section of the Newsletter.

Hindu Swayamsevak Sangh, USA, is happy to inform you about the upcoming Hindu Heritage Camp in GLENDORA on Saturday, April 18th, 2026 from 2 pm to 6 pm.

The Hindu Heritage Camp aims to provide an enriching experience for families to come together, engage in playful activities, learn, and embrace the essence of belonging to the vast Hindu community.

It's an opportunity for us to celebrate our shared heritage and values.

The camp includes activities for parents, children, young married couples, and more. The Hindu Heritage Camp is designed to be experienced as one big Hindu family.

Please see our Hindu heritage camp video https://youtu.be/d-2sag_ea7q

and the flyer for registration details or click here for registering

<https://hinduheritagecamp.com/camp/hindu-heritage-family-camp-glendora>

Hindu Swayamsevak Sangh
Hindu Heritage Family Camp



Children

Creative & Cultural Fun

Arts, crafts, stories, and playful games help children connect to Hindu culture with joy.



Teenagers

Identity & Leadership

Real-life discussions, physical games, handle stereotypes, and strengthen their voice and identity.



Adults

Insightful Workshops & Discussions

Meaningful sessions exploring Hindu heritage, values, and practical wisdom for modern family life



Register Here

[Registration Link:](#)
[HHG-Glendora](#)



Location: San Dimas Masonic Center
220 N Monte Vista Ave, San Dimas, CA 91773

18th April, 2026, Saturday,
2:00 pm to 6:00 pm

Contact:

Kailash Alle (626) 693-7845

Srinivas Patwari (920) 527-0827

Lakshmanan Suryanarayanan (661) 347-6727

www.hinduheritagecamp.com

Free event

JKYog

Mindsets for HAPPINESS AND FULFILMENT

FREE ADMISSION

Life Transformation with Swami Mukundananda

April 23 - 29 (Thu - Wed)

Daily: 6 PM to 8:30 PM

Meet and Greet: 6:00 PM to 6:30 PM

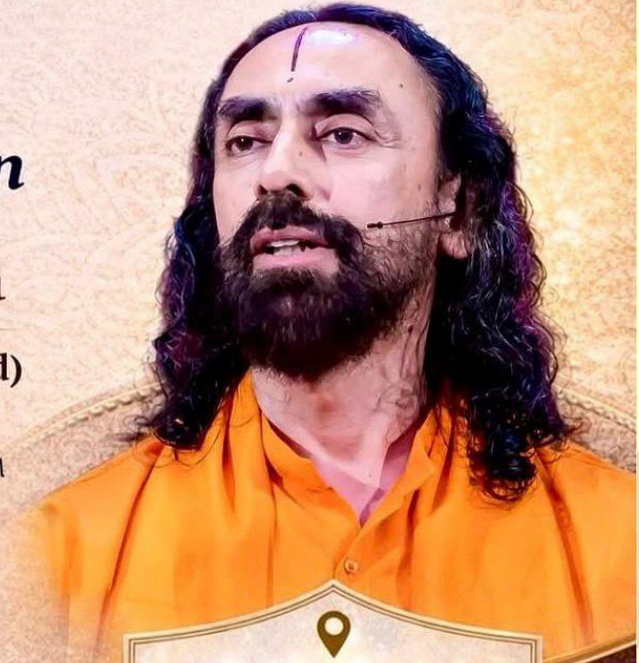
Discourse: 6:30 PM to 8:30 PM

*Apr 28 (Tue) alone

Discourse 6:30 PM to 8:30 PM

Munish Bahl 323-600-4735

Dinner Prasad will be served daily.



VENUE

Valley Hindu Temple

18700 Roscoe Blvd,
Northridge, CA 91325

About Swami Mukundananda

- ✓ Senior Disciple of Jagadguru Shri Kripaluji Maharaj
- ✓ Global Spiritual Leader
- ✓ IIT/IIM Alumnus & Best selling Author
- ✓ Authority on Mind Management
- ✓ Vedic Scholar and Bhakti Saint
- ✓ Founder of JKYog



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- ✓ Build long-term wealth
- ✓ Secure their family's future



CONTACT US

Kripali Kadakia

Call / Text: 949-463-7023

Email: kkripali@gmail.com

Join me for Business Opportunities

Content Contribution: With gratitude, we acknowledge the following volunteers for their generous contribution towards this Newsletter – Akhil, Archana, Maheeja, Megha, Santosh Pundit ji, Sarala ji, Shama ji, Sukanya, Suneeta, Swapna

THANK YOU!